# BRISTOL OLK HOUSE LEARNING FOR PLEASURE

# GOURSES AND ORKSHOPS

# SPRING TERM 2018 6 JANUARY – 24 MARCH HALF TERM: 12 – 16 FEBR

HALF TERM: 12 - 16 FEBRUARY

ARTS · PHOTOGRAPHY · CRAFTS · POTTERY · WRITING MUSIC. DANCE AND DRAMA · FITNESS AND EXERCISE · LANGUAGES WELLBEING · LIFE AND LEISURE

### BRISTOL FOLK HOUSE

# 

### SPRING TERM 2018

The Bristol Folk House is a self-funded not-for-profit over 18 adult education centre in the heart of Bristol. We provide a variety of parttime day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.

PAGE NO

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings. For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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# TERM DATES

6 January – 24 March 2018 Half term break 12 – 16 February 2018

**Please note:** There are no classes during half term and all 12 week courses have a break during this period.

Visit our website to join our mailing list to be the first to know what date the next terms enrolments open.

KEY	
A1	Course code to cross reference with timetable
M	Please visit the website for a materials list.
<b>£84.00/£75.60/£50.40</b> (example)	Course fees: Full price/60+yrs/Benefits











### BILL GUILDING I Wish I Could Draw

A1 | 32 | £63.30/£59.30/£50.30 | Monday 5.30 – 7.30pm | starts 8 January | 5wks This five week course will teach you the skill of drawing from observation. In a relaxed and supportive atmosphere, you'll learn how to draw natural and man-made objects and people (clothed). You'll have opportunities to use a variety of drawing-media including pencil, charcoal, graphite-stick and ink. Absolute beginners welcome.

### NEW I Wish I Could Paint

**A3** | **(2)** | £55.00/£51.00/£42.00 | **Monday** 2.15 - 4.15pm | starts **8 January** | 5wks This is a five week beginners course in representational painting. We will start with a simple landscape and you'll be guided through the painting procedures step-by-step, layer-by-layer. On the way we'll look at colour relationships and learn colour-mixing.

### Life Drawing: Basic Skills

**A4** | **2** | £75.85/£71.85/£62.85 | **Monday** 5.30 - 7.30pm | starts **19 February** | 5wks In this five week guided course you will learn the basic skills of life drawing. This is aimed at beginners though others are welcome.

### **Painting in Oils and Acrylics**

A5 | (2) | £110.00/£102.00/£84.00 | Tuesday 4.00 - 6.00pm | starts 9 January | 10wks A6 | (2) | £110.00/£102.00/£84.00 | Tuesday 6.15 - 8.15pm | starts 9 January | 10wks A7 | (2) | £110.00/£102.00/£84.00 | Wednesday 5.30 - 7.30pm | starts 10 Jan | 10wks A course in the art of painting - from observation, sketches, photographs and the imagination - representational or otherwise. The course will be adjusted to the inclinations of the students. Mixed ability.

### **Drawing and Painting from Life**

A2 | ③ | £94.80/£89.80/£78.50 | Monday 2.00 - 4.30pm | starts 19 February | 5wks Drawing and/or painting directly from a model, both nude and clothed. All drawing and painting media welcome. The model will stay in one pose each session, but 'fast workers' may change position. Painters should expect to be working fairly swiftly and boldly and are recommended to have some experience of drawing from life.

### Portraiture

A8 | (2) | £89.55/£84.55/£73.30 | Wednesday 2.00 - 4.30pm | starts 10 January | 5wks A9 | (2) | £89.55/£84.55/£73.30 | Wednesday 2.00 - 4.30pm | starts 21 Feb | 5wks Develop your skill at painting or drawing faces. You may use any medium. Some previous experience of drawing from observation is recommended.

Two five week courses.

### Saturday - Portraiture Workshop

**S39** | 🖸 | £35.80/£33.80/£29.30 | **3 February** 10.00 - 4.00pm

Spend a day drawing or painting the face from a live model, with plenty of guidance. You may use any medium you are familiar with.

### Saturday – Painting from Life Workshop

**S70** | 🕥 | £37.90/£35.90/£31.40 | **24 February** 10.00 - 4.00pm

Spend a day painting directly from a model. There'll be just one pose, with the model nude but in colourful surroundings. All paint-types welcome, pastels and crayons too, but for this one-off workshop it's best to use a medium you are familiar with. Some experience of drawing from life is recommended.



ARTS CONTINU

TERM DATES

6 JAN - 24 MAR

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### WARREN SEALEY Oil Painting for Beginners

**A16** | ② | £59.80/£55.80/£46.80 | Wednesday 7.45 - 9.45pm | starts **10 Jan** | 5wks Oil painting course for beginners and those with a little oil painting practice. We will look at the basics of oil painting including tonal values, colour mixing, painting procedures and some technical elements such as when to use oil mediums and lots more besides. Subjects will include still-life, landscape and portrait painting.

### **NEW** Watercolour for Beginners

**A17** | ③ | £57.70/£53.70/£44.70 | Wednesday 7.45 - 9.45pm | starts **21 Feb** | 5wks Get off on the right foot with this challenging medium by learning the traditional techniques, which can be applied to all subjects. Regular demonstrations are provided, and paintings are developed step-by-step as a group in an informal atmosphere.

### Saturday - Oil Painting Workshop

painting. Please bring your materials.

**S19** | **1** | **2**8.00/£26.00/£21.50 | **20** January 10.00 - 4.00pm We will be looking at the factors that make up a still-life painting like composition, colour, drawing and tone etc. Still-life is a great subject for beginners to get into oil

### MARILYN MILLARD Learn to Draw

A18 | (2) | £83.75/£78.75/£67.50 | Monday 10.00 – 12.30pm | starts 8 January | 5wks A19 | (2) | £83.75/£78.75/£67.50 | Monday 10.00 – 12.30pm | starts 19 Feb | 5wks An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

### Mediterranean Landscapes in Watercolour

**A20** | **©** | £90.50/£84.50/£71.00 | **Thursday** 2.00 - 5.00pm | starts **11 January** | 5wks Learn to capture the vibrant scenes of the Med, in watercolour, step-by-step. Suitable for all levels, in a relaxed atmosphere.

### **Botanical Painting**

**A21 (**) **( ±**90.50/**±**84.50/**±**71.00 **| Thursday** 2.00 – 5.00pm **|** starts **22 Feb |** 5wks Enjoy painting beautiful flowers from observation. An inspiring course that gives step by step techniques for using watercolour. All Levels welcome.

### Landscapes in Watercolour

**A22** | 20 | £90.00/£84.00/£70.50 | Wednesday 10.00 - 1.00pm | starts 10 Jan | 5wks **A23** | 20 | £90.00/£84.00/£70.50 | Wednesday 10.00 - 1.00pm | starts 21 Feb | 5wks Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience. Two five week courses.

### Painting in Watercolour

A24 | <sup>(2)</sup> | £83.75/£78.75/£67.50 | Monday *1.30 - 4.00pm* | *starts* 8 January | 5wks A25 | <sup>(2)</sup> | £83.75/£78.75/£67.50 | Monday *1.30 - 4.00pm* | *starts* 19 February | 5wks Enjoy painting easy step by step projects and develop both skills and confidence using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.



### NO FORMAL Drop in and Draw

### TUITION PROVIDED DD | 😳 | £12.00 | Every Friday 10.00 - 1.00pm | Term time only

Life Drawing drop in sessions with a model provided. So just come along with your materials and get drawing. Limited spaces, first come first serve. No entry after 10am.

### JAMES Life Drawing: Mixed Ability

ALEXANDER A10 (2) | £145.70/£137.70/£119.70 | Monday 7.45 - 9.45pm | starts 8 January | 10wks This ten week life drawing course is aimed at those with some experience, though beginners are also welcome. Various techniques and approaches will be offered and lots of assistance given if needed.

### SARAH KELLY Art History: Mexico and Russia

**NEW A11** | £55.00/£51.00/42.00 | **Monday** *10.00 – 12.00pm* | *starts* **8 January** | 5wks Two countries, two revolutions. We will explore the paintings produced, among others, by Malevich, Rivera and Kahlo against a backdrop of social upheaval and revolution. No prior knowledge required.

### JENNY MIZEL Acrylic Painting

**A12** | ③ | £110.00/£102.00/£84.00 | **Monday** *10.30 – 12.30pm* | *starts* **8 January** | 10wks This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

### **Experimental Art**

A13 | (2) | £123.75/£114.75/£94.50 | Wednesday 10.30 - 12.45pm | starts 10 Jan | 10wks A14 | (2) | £110.00/£102.00/£84.00 | Thursday 5.30 - 7.30pm | starts 11 Jan | 10wks This course is for those wanting to free up and experiment. Explore different techniques and media including simple printmaking, collage, acrylic paint, inks and more. Create some self-directed art under the guidance of the tutor. All welcome.

### **Exploring Drawing**

**A15 (① )** £55.00/£51.00/42.00 **| Tuesday** *1.30 – 3.30pm* **|** *starts* **20 February |** 5wks Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this five week course explore line, tone and composition and how to combine them. All welcome.

### Saturday - Charcoal and Pastels Workshop

### S9 | £31.50/£29.50/£25.00 | 13 January 10.00 - 4.00pm

This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and also those with some experience. All materials are provided.

### Saturday - Acrylic Painting Workshop

### S76 | £31.50/£29.50/£25.00 | 10 March 10.00 - 4.00pm

Experiment with acrylic paint, to discover new techniques and your own creativity. Enjoy the colour, texture and tone possible with this versatile medium and gain confidence with the guidance of a friendly tutor. All levels welcome and all materials provided.



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ENROLMENT INFORMATION

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### MARILYN MILLARD Sketching in Watercolour

CONTINUED A26 | 1 ±90.00/£84.00/£70.50 | Thursday 10.00 - 1.00pm | starts 11 January | 5wks A27 | 1 ± 90.00/£84.00/£70.50 | Thursday 10.00 - 1.00pm | starts 22 Feb | 5wks Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step by step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance.

### Saturday - Botanical Painting Workshop

**S47** | 🙆 | £31.00/£29.00/£24.50 | **10** February 10.00 - 4.00pm

Spend the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

### Saturday - Landscapes in Watercolour Workshop

**S93 (3) (5) (5) (24) March** *10.00 - 4.00pm* Have you ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

### MARTIN LOVELL The Versatility of Watercolour

**A28 ( ( ) (** £123.75/£114.75/£94.50 **) Thursday** *10.30 – 12.45pm* **)** *starts* **11 Jan )** 10wks Explore the medium of watercolour and discover its potential. This class is for those with some experience and will respond to the needs and interests of the individual. Students will be given the opportunity to draw and paint from images and real life in order to produce effective work and develop skills. Other water soluble media may be introduced to extend experimentation and technique.

### Painting Projects: Multi-level

**A29** [1] £133.75/£124.75/£104.50 | **Thursday** 2.00 - 4.15pm | starts **11 Jan** | 10wks This course will help you to develop your confidence and your own approach when working with different media and processes, often from a shared starting point often referencing artists, art movements and exhibitions. Exploration of collage, drawing mediums and paint including acrylic and watercolour can be explored.

### SARAH GRICE Exploring Illustration

**A30** | **(iii**) | £125.00/£117.00/£99.00 | **Thursday** 7.45 - 9.45pm | starts **11 January** | 10wks An introductory course into traditional and contemporary illustrative techniques and processes. We will explore areas such as character development, narrative and composition. All welcome, no previous experience necessary.

### Saturday – Illustrative Life Drawing

**S45** | 10 February 10.00 – 1.00pm Suitable for anyone with previous life drawing experience. Drawing directly from a model/actor students will be guided through a mixture of short and long poses, focusing on capturing character through body language and expression.

### Saturday - Think Pen and Ink

### S75 | 🕜 | £32.50/£30.50/£26.00 | 3 March 10.00 - 4.00pm

Experiment and work with dip pen and ink, tonal and colour washes. For beginners and the more experienced alike. Discover why this traditional illustration method is so widely used and still popular with both traditional and contemporary illustrators.



GORDY WRIGHT Digitally Exploring Illustration with Photoshop

**A31** | (2) | £55.00/£51.00/£42.00 | **Thursday** 7.45 - 9.45pm | starts **22 February** | 5wks Have fun exploring the world of illustration; find out how you can endlessly expand your creative possibilities by developing your digital skills and learn new techniques in Photoshop. You will be able to use your own imagery, photographs/drawings. Beginners welcome. A five week course.

### CHRIS HALLS Complete Figure Drawing and Anatomy

**A32 (1) (±55.00/£51.00/£42.00 | Thursday** *7.30 – 9.30pm* **|** *starts* **11 January |** 5wks For beginners, this five week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

### Saturday – Figure Drawing and Anatomy: The Basics S36 | 🖸 | £29.50/£27.50/£23.00 | 3 February 10.00 – 4.00pm

This workshop will provide the artist with techniques to draw the full human figure correctly in proportion. You will learn to break down anatomy into 3-dimensional forms and gain essential skills to apply to many other art practises. For beginners.

### Saturday - Figure Drawing and Anatomy: The Head and Hands S49 | (1) | £29.50/£27.50/£23.00 | 10 February 10.00 - 4.00pm

Learn to draw the head and hands correctly in proportion as well as comprehensive understanding of them in 3-dimensional form. Expressions, perspective and anatomy will be covered.

### JOHN REA Saturday - Introduction to Cartooning

**S92** | **3** | £27.50/£25.50/£21.00 | **24 March** *10.00 – 4.00pm* Explore cartooning both as an art form and means of self expression. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language.

### ROMA WIDGER Etching and Drypoint

**A33** [1] **[118.00/£110.00/£92.00** | **Tuesday** *5.30* – *7.30pm* | *starts* **9 January** | 10wks Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

### Saturday - Drawing for Complete Beginners

**S88** | £32.50/£30.50/£26.00 | **24 March** 10.00 - 4.00pm

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.





# ARTS CONTINUED

TERM DATES 6 JAN - 24 MAR

HALF TERM

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### SOPHIE RAE Creative Printmaking

**A38** | (2) | £65.00/£61.00/£52.00 | **Thursday** 5.30 - 7.30pm | starts **22 February** | 5wks Get creative with printing techniques using stencils, rollers and specialised inks. The course will take you through how to complete a detailed multi-layered print and give you time to experiment. For everyone, including beginners.

### Saturday - Printing with Stencils Workshop

S58 | 🖸 | £31.50/£29.50/£25.00 | 17 February 10.00 - 4.00pm

Have fun with durathene rollers, using them to apply vivid ink through paper stencils, without the need of a press. Participants will be taught how to build up their image gradually, and be able to experiment by adding ink, stepping back, considering their piece, adding more, and evaluating as they go along. Suitable for beginners.

# PHOTOGRAPHY

### GRAHAM PARISH Using your Digital Camera: Beginners

**A39 (a) (£82.50)**/£76.50/£63.00 **(Thursday** *10.00 – 1.00pm | starts* **11 Jan** | 5wks **A40 (a) (£82.50)**/£76.50/£63.00 **(Thursday** *10.00 – 1.00pm | starts* **22 Feb** | 5wks In these five week courses we will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively and explore concepts such as depth of field, macro and long exposures. Suitable for DSLR, Bridge & CSC cameras.

### Saturday – Using your Digital Camera Workshop

S33 | ◎ | £27.50/£25.50/£25.50/£21.00 | 27 January 10.00 - 4.00pm
S69 | ◎ | £27.50/£25.50/£21.00 | 24 February 10.00 - 4.00pm
Get away from just using the auto button and take your photography to the next level.
Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. It is suitable for DSLR, Bridge and CSC.

### LEE Saturday – Intro to Photoshop/Lightroom for Photographers

SPENCER-FLEET S11 | 🕑 | £32.50/£30.50/£26.00 | 13 January 10.00 - 4.00pm

Discover how to enhance your digital photographs. Get expert advice and explore a range of techniques to gain confidence. Bring a laptop with Photoshop (and Bridge) or Lightroom installed. For a free trial of software see the link on our website.

### CHRIS WALLER Introduction to Black and White Film Photography

**A41** | (2) | £161.50/£151.50/£129.00 | Wednesday 6.30 - 9.00pm | starts **10 Jan** | 10wks This practical course will introduce the beginner to film photography. Covering film types, film speed, camera controls, film processing, making contact sheets and printing from black-and-white negatives. Starting with the basics and exploring more advanced techniques. Bring your own camera and 35mm or 120 roll-film.

### Saturday - Black-and-White Film Developing

**S8** | 🙆 | £37.50/£35.50/£31.00 | **13** January 10.00 - 4.00pm

Shoot a black-and-white film in advance (Ilford HP5 Plus) and bring this along to the session. In this class you will develop a black-and-white film, make negatives and then make a contact sheet. No previous darkroom experience necessary.

# ARTS CONTINU

### CINDY X NGUYEN Architectural Sketching Course

NEW A44 [1] f110.00/f102.00/f84.00 | Thursday 1.00 - 3.00pm | starts 22 Feb | 5wks Become an urban sketcher. You will receive instructions on freehand sketching techniques, proportioning systems and learn how to look and analyse buildings. We'll visit and sketch iconic Bristolian buildings each week. All abilities are welcome.

### Saturday - Introduction to Architectural Sketching

### **S57** | 🙆 | £27.50/£25.50/£21.00 | **17** February 10.00 - 4.00pm

This is for anyone interested in architecture. All abilities welcome. You will receive step by step instructions technical sketching skills (such as how to achieve different types of lines and shading), how to look at buildings and how to find its proportions. We'll go to a iconic piece of Bristol architecture and use these new skills.

### KERRY DAY Lino Printing

A34 | <sup>(2)</sup> | £130.00/£122.00/£104.00 | Wednesday 2.00 - 4.00pm | starts 10 Jan | 10wks A35 | <sup>(2)</sup> | £130.00/£122.00/£104.00 | Wednesday 5.30 - 7.30pm | starts 10 Jan | 10wks Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn the basics of lino cutting, registration methods and colour work. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

### **NEW** Collograph Printing

**A36** [1] £80.00/£76.00/£67.00 | **Tuesday** 7.45 - 9.45pm | starts **9 January** | 5wks An accessible and versatile print process using collaged textures as your printing block to create relief or etched prints. Come and enjoy the creative process of exploring printmaking and having fun with patterns and colours.

### Saturday - Introduction to Lino Printing

**S67** | **(**) | £37.50/£35.50/£31.00 | **24 February** 10.00 – 4.00pm Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

### Saturday - Lino Printing onto Fabric

**S85** | 🕥 | £37.50/£35.50/£31.00 | **17 March** 10.00 - 4.00pm

Learn to create repeated patterns onto fabric using the block printing method, using lino, foam, erasers, card and other unusual objects as your printing block.

### JUSTYNA MEDON Creative Fabric Printing

**A37** [1] £70.00/£66.00/£57.00 | **Tuesday** 7.45 – 9.45pm | starts **20 February** | 5wks Explore how repeated patterns can bring fabrics to life. You'll be working with collage, photographs, drawings, mono-printing, silk screen and stencils to create designs onto fabric. Suitable for all levels.

### Saturday - Illustrating Bristol - Poster Design

**S66 ( ( ) |** £37.50/£35.50/£31.00 **| 24 February** *10.00 – 4.00pm* Explore printmaking techniques to create a unique one off poster inspired by Bristol, by using stencil cut-outs, silk screen techniques, pattern and photography. Learn skills to produce your design in a variety of colours. **BRISTOL FOLK HOUSE** 





# PHOTOGRAPHY CONTINU

### CHRIS WALLER Saturday - Black-and-White Film Printing

CONTINUED S46 | 🕥 | £37.50/£35.50/£31.00 | 10 February 10.00 - 4.00pm In this one day class you will print your own negatives. Learn how to make a basic

black-and-white print, then how to enhance the print using various printing techniques. Please bring your own B &W negatives (35mm or 120) to print. All welcome.

### WENDY LEOCQUE Darkroom Discovery Course

### **Assisted Darkroom Sessions**

AA | Prices may vary | Times may vary

For those who have practical experience of using a darkroom but would prefer some assistance during their sessions. There will be someone on hand to answer your questions and to help. You will need to bring your own paper. To book a session email: darkroom@bristolfolkhouse.co.uk

### Saturday – Have a go Darkroom Taster

**S18** | (2) | £31.50/£29.50/£25.00 | **20 January** 10.00 – 4.00pm **S90** | (2) | £31.50/£29.50/£25.00 | **24 March** 10.00 – 4.00pm Learn how to use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this workshop.

### ELLA BRYANT Saturday - Surrealist Photography

**S41** | (2) | £45.50/£43.50/£39.00 | **3 February** 10.00 - 4.00pm Drawing inspiration from the works of surrealist artists, participants will create their own hand printed surrealist photographs. Produce images by combining negatives of the body with unusual objects and explore Cyanotype and Van Dyke print processes.

### Saturday - Cyanotype Printing Workshop

**S65** | ③ | £39.50/£37.50/£33.00 | **24** February 10.00 - 4.00pm Cyanotype is a historical photographic printing technique which creates Prussian Blue prints simply by using sunlight. In this fun day you will print your own photos, illustrations and collages, and learn how to carry on at home. No experience needed.

Saturday - Photographic Printing onto Objects

**S87** | ③ | £46.30/£44.30/£39.80 | **17 March** *10.00 - 4.00pm* A one-day workshop for those who want to learn the art of printing photographic images onto 3D surfaces. Using photographic liquid emulsion and darkroom chemicals, you will learn every step of the process for developing your images.

MARTYN GRIMMER Photography Cyanotypes and Gum-bichromate Introduction

**A43** | £112.50/£106.50/£93.00 | **Thursday** 6.00 - 9.00pm | starts **22 Feb** | 5wks Learn the historic processes of gum bichromate and cyanotype printing. These photographic processes are a great introduction to alternative photography. The two techniques can be combined to create remarkably beautiful images.

We have a purpose built wet-based photography facility which can be used by both members and non-members. We run courses and workshops throughout the year and the space is also available for private hire.

# **DARKROOM FACILITIES**\*

• Seven black and white enlargers 35mm/ medium/large format

- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

# **MEMBERSHIP**

Becoming a member gives you greater flexibility and some great benefits.

### **MEMBER FEES**

12 Months - £40 6 Months - £30

# **SESSION FEES**

£5 per hour for Members £7 per hour for Non-Members

# BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email darkroom@bristolfolkhouse.co.uk

# **ROOM HIRE**

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: darkroom@bristolfolkhouse.co.uk.

# **OPENING HOURS** (during term time)

Monday – Thursday 9-9pm Friday – Saturday 9-5pm

(Times may vary dependent on courses and workshops running).



# PHOTOGRAPHY CONTINUED

SOPHIE Saturday - An Introduction to Lomography

SHERWOOD **S73** | (2) | £47.50 / £45.50 / £41.00 | **3 March** 10.00 - 4.00pm

**NEW** A practical day for those with a basic knowledge of analogue photography and point and shoot digital cameras. Experiment taking photos using different Lomographic lenses. Explore darkroom printing techniques and develop photos to take home.



### FAITH MORTON Saturday - Natural DIY Spa Day

**S38** | £39.50/£37.50/£33.00 | **3 February** *10.00 – 4.00pm* Learn how to make and take home a variety of natural beauty care products such as body scrub, bath bombs, face mask, lip balm, hand salve and face cream.

### LESLEY SCARFE Stained Glass

**C1** | **3** | £88.75/£83.75/£72.50 | **Friday** 10.00 - 12.30pm | starts **12 January** | 5wks **C2** | **3** | £88.75/£83.75/£72.50 | **Friday** 10.00 - 12.30pm | starts **23 February** | 5wks These five week courses are for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

### Saturday - Stained Glass Mirror Taster Day

**S32** | **3** | **4**2.50/£40.50/£36.00 | **27** January 10.00 - 4.00pm Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

### Saturday - Stained Glass Taster Day

**S61** | (2) | £42.50/£40.50/£36.00 | **17 February** 10.00 – 4.00pm A chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All materials provided.

### ANGELA MORRIS Saturday - Interior Design Workshop

**S10** | 🖸 | £29.00/£27.00/£22.50 | **13** January 10.00 - 4.00pm

This hands-on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

### FRANKIE HUDSON Saturday - Mosaic Workshop

S79 | 🖸 | £42.50/£40.50/£36.00 | 10 March 10.00 - 4.00pm

A busy day introducing how to create a mosaic with a variety of alternatives to try out for yourselves. An opportunity to complete a small panel to take home. Cutting tools and all materials provided.

### DANIEL BENDEL Woodcarving Course

**C3** | £60.00/£56.00/£47.00 | **Thursday** *10.30 - 12.30pm* | *starts* **11 January** | 5wks **C4** | £60.00/£56.00/£47.00 | **Thursday** *10.30 - 12.30pm* | *starts* **22 February** | 5wks For beginners or continuing students who want to make a small, simple shaped, sculptural carving. Come with an idea in mind and learn the carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools, and materials provided. SPRING TERM 2018



# CRAFTS CONTINU

### DANIEL BENDEL Saturday - Letter Cutting Wood Workshop

### CONTINUED S74 | 🙆 | £35.50/£33.50/£29.00 | 3 March 10.00 - 4.00pm

A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step by step course using chisels, and gouges.

### WILL ST CLAIR Saturday - Spoon Carving Workshop

**S68** | £39.50/£34.50/£33.00 | **24 February** 10.00 - 4.00pm

You will learn safe, effective techniques for using the straight knife and the hook knife as well as the basics of axe carving. Get an understanding of how to navigate through the complex 3D shape, and how to put your knife to best use on each part of the spoon.

### SARAH EDWARDS Basket Weaving Course

**C23** | ③ | £85.00/£81.00/£72.00 | **Thursday** 7.30 – 9.30pm | starts **22 Feb** | 5wks Learn how to create modern stylish vessels using ancient basket making techniques and a range of materials. Various styles will be taught. Learn how to make baskets to use at home.

### Saturday - Willow Owl Sculpture Workshop

S15 | 💟 | £42.50/£40.50/£36.00 | 13 January 10.00 - 4.00pm

Discover the creative potential of willow, learn the basic techniques and then weave your own owl to take home. Ideal for beginners or improvers.

### Saturday – Willow March Hare Sculpture Workshop

**S94** | 🖸 | £42.50/£40.50/£36.00 | **24 March** 10.00 - 4.00pm

Create a wonderful Hare from locally sourced willow. Learn the basic techniques and then weave your own March Hare to take home.

### KIM THOMSON Jewellery: Silversmithing Techniques



### Saturday - Silver Ring in a Day

**S5** | (2) | £52.50/£50.50/£46.00 | **6** January 10.00 - 4.00pm

S21 | 🕜 | £52.50/£50.50/£46.00 | 20 January 10.00 - 4.00pm

Learn how to form metals into a ring band and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

### LESLEY ROPER Beadwork

**C9** | **(2)** | £110.00/£102.00/£84.00 | **Tuesday** *10.00 – 12.00pm* | *starts* **9 January** | 10wks Learn the basic stitches and techniques needed to produce a variety of decorative objects (mostly jewellery), and eventually work on your own projects, in this fun and creative course.



# CRAFTS CONTIN

TERM DATES 6 JAN - 24 MAR

HALF TERM

12 - 16 FEB

### KAREN REILLY Sewing for Beginners

**C14** | **(2)** | £125.00/£117.00/£99.00 | **Thursday** *5.30* – *7.30pm* | *starts* **11 January** | 10wks **C15** | **(2)** | £125.00/£117.00/£99.00 | **Thursday** *7.45* – *9.45pm* | *starts* **11 January** | 10wks An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.

### Dressmaking

C16 | (2) | £125.00/£117.00/£99.00 | Monday 5.30 - 7.30pm | starts 8 January | 10wks C17 | (2) | £125.00/£117.00/£99.00 | Monday 7.45 - 9.45pm | starts 8 January | 10wks C18 | (2) | £125.00/£117.00/£99.00 | Tuesday 2.00 - 4.00pm | starts 9 January | 10wks C19 | (2) | £125.00/£117.00/£99.00 | Tuesday 5.30 - 7.30pm | starts 9 January | 10wks C20 | (2) | £125.00/£117.00/£99.00 | Tuesday 7.45 - 9.45pm | starts 9 January | 10wks Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

### Saturday - Sewing Surgery

**S81** | 🙆 | £27.50/£25.50/£21.00 | **10 March** 10.00 - 4.00pm

Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects.

### DAISY HAMID Saturday - Sewing for Beginners Workshop

**S51** | (2) | £32.50/£30.50/£26.00 | **10 February** 10.00 - 4.00pm Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.

### Saturday - Sew a Bag in a Day

S59 | 🙆 | £27.50/£25.50/£21.00 | 17 February 10.00 - 4.00pm

Suitable for complete beginners. We start by getting to grips with a sewing machine and then go on to make a bag in contrasting fabrics with a zipped inner pocket. You will need to pre-cut the fabric before the class. See website for details.

### LORRAINE JOSEPH Dressmaking

**C21** | (1) | £125.00/£117.00/£99.00 | Wednesday 5.30 - 7.30pm | starts 10 Jan | 10wks **C22** | (2) | £125.00/£117.00/£99.00 | Wednesday 7.45 - 9.45pm | starts 10 Jan | 10wks Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

### Saturday - Handmade Lingerie Workshop

**S89** | 🙆 | £31.00/£29.00/£24.00 | **24 March** 10.00 - 4.00pm

The aim during this one day workshop is to produce an item of lingerie, learning skills of cutting out, working with fine fabrics, sewing techniques and decorative finishes. Choices of lingerie are: Camisole and knickers, Bustier Set, Bias cut slip, Boxer Shorts. Students should have some experience and confidence using a sewing machine.



### SHIRLEY DOWNEY Knitting and Crochet

**C10** | **©** | £55.00/£51.00/£42.00 | **Tuesday** 7.15 - 9.15pm | starts **9** January | 5wks **C11** | **©** | £55.00/£51.00/£42.00 | **Tuesday** 7.15 - 9.15pm | starts **20** February | 5wks You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in these five week courses. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

### Saturday - Knitting and Crochet Workshop

S4 | () | £27.50/£25.50/£21.00 | 6 January 10.00 - 4.00pm

This is open to beginner and intermediate level knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

### Saturday - Crochet Squares and Blankets

### **S28** | (1) | £27.50/£25.50/£21.00 | **27** January 10.00 - 4.00pm

Learn how to make a variety of crochet squares - the basis of beautiful blankets and throws. From the basic granny square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

### RHYANNAN HALL Textile Fabrics Dye Course

NEW C12 ( ) | £65.00/£61.00/£52.00 | Tuesday 10.30 - 12.30pm | starts 20 February | 5wks Join this introductory course into the fascinating world of colouring cloth. This course will teach you the very basics on dyeing and give you chance to develop your own project work.

### Saturday - Shibori Workshop

### S31 | 🔞 | £38.50/£36.50/£32.00 | 27 January 10.00 - 4.00pm

This hands on workshop is an introduction to the ancient Japanese art of Shibori Dying. Using stitches to create shape and resist the cloth against itself, shibori is known as 'memory on cloth'. We will experiment with different techniques and fabrics.

### Saturday - Indigo Dye Workshop

### **S54** | 🖸 | £26.50/£25.30/£22.60 | **10** February 1.30 - 4.30pm

Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The technique for using indigo is unique. This is an opportunity to get to grips with the basics of dyeing with indigo.

### Saturday - Natural Dye Workshop

### S86 | 🖸 | £42.50/£40.50/£36.00 | 17 March 10.00 - 4.00pm

Explore different techniques of dyeing fabrics with natural products you can find in your garden or local supermarket. A mixture of theory, sourcing ideas and practical experiments. Learn tips and tricks to take home.

### MARGARET CRUMP Sewing for Beginners

**C13** | ③ | £125.00/£117.00/£99.00 | **Friday** *11.00 – 1.00pm* | *starts* **12 January** | 10wks Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments. Limited spaces.



# POTTER

ENROLMENT INFORMATION ON PAGE

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### STEVE CARTER Saturday - Pottery Taster: Delicious Dishes

**CONTINUED S40** | £40.00/£38.00/£33.50 | **3 February** *10.00 – 4.00pm* 

Rustic pottery serving wares can be fun and appetising themselves. Enjoy using 'primitive' clay forming techniques to make your own unique, platter, olive dish and serving bowls – discovering a world where food and pottery go hand in hand. All levels welcome.

### MARGARET CRUMP Pottery - Beginners

**P3** | £150.00/£142.00/£124.00 | Wednesday 7.45 - 9.45pm | starts 10 Jan | 10wks This is a course that will help you to combine your enthusiasm and creativity with a sound foundation of the several techniques of handbuilding pottery. During the second part of the course you can take up the challenge of using the potter's wheel, complete extended handbuilding projects and use clay as a sculptural medium.

### Pottery – Beginners Extended

**P4** | £187.50/£177.50/£155.00 | **Wednesday** *10.30 – 1.00pm* | *starts* **10 Jan** | 10wks This course starts with a series of short projects designed to teach you several techniques of hand building pottery while exploring your own creativity. In the second half of the term the basics of the potters wheel are introduced. This is combined with the opportunity to improve all techniques by completing individual work.

### Pottery Multi-level

**P5** | £225.00/£213.00/£186.00 | **Tuesday** 6.30 - 9.30pm | starts **9 January** | 10wks This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

### Pottery – Improvers

**P6** | £150.00/£142.00/£124.00 | **Wednesday** 5.30 - 7.30pm | starts **10 January** | 10wks These courses are suitable for those with some experience, in which students pursue their interest in throwing and/or handbuilding ceramics. Students are encouraged to push the boundaries of their work as well as to feel free to relax in a creative atmosphere.

### **NEW** Saturday - Clay Modelling the Figure

S3 | £40.00/£38.00/£33.50 | 6 January 10.00 - 4.00pm

Enjoy exploring different techniques used to model the human figure. You may concentrate on making one or more sculptures. You may bring images to work from or just use your imagination.

### Saturday - Four Pots in a Day

### S17 | £40.00/£38.00/£33.50 | 20 January 10.00 - 4.00pm

Learn four of the basic handbuilding techniques of ceramics: pinching, coiling, slab construction and press-moulding, combined with effective methods of decoration. We will glaze and fire your pots ready for collection later in the term.

### Saturday – Pottery Catch up Day

S80 | £40.00/£38.00/£33.50 | 10 March 10.00 - 4.00pm

If you are a current Folk House potter and need to catch up or have some experience in pottery and need a studio day. Come along and get working. Please specify if you will be using a potters wheel, spaces are limited.

### ESTHER KEEN Saturday – Stitchless Small Leather Goods Workshop S14 | 😧 | £30.00/£28.80/£26.10 | 13 January 10.00 – 1.00pm

Choose to make a wallet, phone case, glasses case, coin purse or passport case in leather using traditional techniques. With lots of styles and colours to choose from and a wide variety of tools, you can make your own one of a kind piece.

### Saturday - Make your Own Leather Belt

**S16** | ③ | £31.50/£30.30/£27.60 | **13** January *1.30 - 4.30pm* Choose a colour from a range of full grain vegetable tanned hides. Cut using traditional tools and emboss to personalise, then bevel, dye, and burnish the edges before fitting the buckle. A great introduction to traditional leatherwork techniques.

### LAWRENCE Saturday - Hardback Bookbinding

HASSAN S1 | 🙆 | £34.00/£32.40/£28.80 | 6 January 10.00 - 3.00pm

Welcome to this beginners guide to book making! You will learn everything from traditional Japanese book stitch techniques to book cover design and you'll leave with a hardback book made by your very own hands.

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Calligraphy is an art form which has been enjoyed for centuries. A very relaxing form of craft. Calligraphy can be used for poetry, stationery, art and design and even

furniture. It is suitable for beginners and those with some experience.

#### NEW Saturday - Calligraphy Workshop - Italics S78 | 🕲 | £32.50/£30.50/£26.00 | 10 March 10.00 - 4.00pm Surgers the superior of an linear business in this careful workshop - 1.00 - 1

Explore the world of calligraphy in this creative workshop! Beginners will be shown the basics of Italic hand - a lovely, flexible lettering style.

# POTTERY

We have a well-established pottery studio run by a professional team with a wide range of expertise and skills. We use smooth white stoneware clay, Crank and Earthenware. All clay, glazing and firing is included in the cost of the course or workshop. Due to popular demand please enrol early.

### STEVE CARTER Pottery Day Studio

P1 | £196.90/£186.40/£162.75 | Monday 10.00 - 4.15pm | starts 8 January | 5wks P2 | £196.90/£186.40/£162.75 | Monday 10.00 - 4.15pm | starts 19 February | 5wks This is an opportunity for practised and aspiring makers to explore and develop their work in greater depth. Working through mainly self-directed projects with tutor guidance, and teaching. There will also be short presentations and discussions around art and technology as required to feed into both individual and shared interests.





# WRITIN

TIMETABLES FROM PAGE

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PUIIERI CONTINUED

### **ROGER OWEN** Pottery Improvers

**P7** | £225.00/£213.00/£186.00 | **Monday** 6.00 - 9.00pm | starts **8 January** | 10wks **P8** | £150.00/£142.00/£124.00 | **Thursday** 7.45 - 9.45pm | starts **11 January** | 10wks For potters with some experience who wish to develop their skills further, try new techniques and develop their work. Advice from an experienced potter on wheel work, construction and decorative techniques.

### JO YOUNG Pottery - Beginners

**P9** | £75.00/£71.00/£62.00 | **Thursday** 5.30 – 7.30pm | starts **11 January** | 5wks For complete beginners wanting to learn basic techniques. Each week you will learn skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, using plaster molds and formers, surface treatments, decorative slip techniques, underglaze and glazing.

### Pottery Day Studio Tuesday

**P10** | £187.50/£177.50/£155.00 | **Tuesday** 10.00 - 4.00pm | starts **9** January | 5wks **P11** | £187.50/£177.50/£155.00 | **Tuesday** 10.00 - 4.00pm | starts **20 February** | 5wks These five week courses are an opportunity for makers with some experience to enhance and develop their skills and for those new to clay to try techniques in self directed projects. A chance to practice throwing on the wheel, construction and surface decoration using a variety of methods.

### Pottery - Introduction to the Potter's Wheel

**P12** | £75.00/£71.00/£62.00 | **Thursday** *5.30* – *7.30pm* | *starts* **22 February** | 5wks A five week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

### POTTERY TUTORS Saturday - Pottery Taster: Throwing and Turning

S13 | £40.00/£38.00/£33.50 | 13 January 10.00 - 4.00pm

**S30** | £40.00/£38.00/£33.50 | **27** January 10.00 - 4.00pm

**S50** | £40.00/£38.00/£33.50 | **10 February** 10.00 - 4.00pm

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

### JANE REECE Life Writing Weekly

**W2** | £110.00/£102.00/£84.00 | **Tuesday** 2.00 - 4.00pm | starts **9** January | 10wks An extended Life Writing course over twelve weekly afternoon sessions during which we will identify angles for your life story, memoir or biography, develop scenes and themes and deal with characters alive and dead. Beginners welcome.

### GRACE PALMER Introduction to Creative Writing

**W3** | £110.00/£102.00/£84.00 | **Thursday** *5.30* – *7.30pm* | *starts* **11 January** | 10wks Explore writing stories, poetry and non-fiction. Through fun practical exercises we'll stimulate your imagination and get your words flowing. Whether you are starting out or want to deepen your writing, you are welcome to join.

### ROSEMARY DUN Write a Novel that Sells

**W4** | £110.00/£102.00/£84.00 | **Wednesday** 5.30 – 7.30pm | starts **10 January** | 10wks This course will give you the tools and tips and advice to take you from idea or development, through to writing a novel which sells. We'll cover plot and characterisation and how to make it your story alive with lessons learned from film.

### Saturday - Poetry From Nowhere: Writing Workshop

**S20** | £27.50/£25.50/£21.00 | **20** January 10.00 - 4.00pm

How to write poetry when you don't know where to start. This workshop will give you some tips/ techniques and exercises to help you find poetry from nowhere and indeed from anywhere. Be willing to be bold and have fun.

### LIZ CASHDAN Creative Writing for All

W1 | £110.00/£102.00/£84.00 | **Tuesday** *10.30 – 12.30pm* | *starts* **9 January** | 10wks Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

### **NEW Short Fiction**

**W5** | £110.00/£102.00/£84.00 | **Monday** *5.30 – 7.30pm* | *starts* **8 January** | 10wks This course is for those who have an interest in writing short stories. We will look at structure and narrative and, through writing exercises we will improve your work. Examine characterisation, setting, pace and dialogue while sharing and discussing your work in a supportive environment. Beginners welcome.

### Saturday - From Observation to Writing

**S42** | £27.50/£25.50/£21.00 | **3** February 10.00 - 4.00pm

This one-day writing workshop is for practised writers or beginners in prose, poetry or script. We will begin with observation of objects and pictures as stimulus for a short story, poem or piece of dramatic script.

### MARK BRECKON Scriptwriting

**W6** | £110.00/£102.00/£84.00 | **Tuesday** 7.45 – 9.45pm | starts **9** January | 10wks These accessible courses will provide a hands-on-guide to writing drama whether you are interested in screenwriting, theatre or radio. With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

# BRISTOL FOLK HOUSE

# **NOVEMBER 2017 - MARCH 2018**

Here's a taster of what we have coming up but keep your eye on our website, for regular updates, as there's a lot more to come:

### HARRIS ENDERSBY

### SATURDAY 25 NOVEMBER 2017

'Musically brilliant storytelling song-writing at its finest is what Endersby and her group deal in.' - *The Bubble Magazine* 

### **BRIAN KENNEDY**

### SUNDAY 26 NOVEMBER 2017

Brian has shared the stages across the globe with some of the greatest artists in history: Morrison, Joni Mitchell and Bob Dylan to name but a few.

### KITTY MACFARLANE / JESS MORGAN

#### SUNDAY 3 DECEMBER 201

"An inordinately accomplished musician" - *Donald MacNeill, Folk Radio UK* . Jess Morgan "something truly special." - *Folk Radio UK* 

### **O'HOOLEY & TIDOW**

### FRIDAY 8 DECEMBER 2017

Join 'one of British Folk's mightiest combinations' for an evening of beautifully performed songs from their new album 'WinterFolk Vol 1'.

### **TOM MOORE & ARCHIE CHURCHILL-MOSS**

### SUNDAY 17 DECEMBER 201

Tom Moore (Viola/Violin) and Archie Churchill-Moss (Accordion) are two increasingly established performers on the folk scene.

### PAUL JONES AND DAVE KELLY

RIDAY 5 JANUARY 2018

The reviews say it all: "A spell-binding evening of intense country blues, passionately performed". An evening of dynamic, rootsy and exhilarating Country Blues.

### KEVIN DEMPSEY & JOE BROUGHTON FRIDAY 23 FEBRUARY

Combining emotive songs, unrivaled instrumental capability and a spectacular high energy show, they never fail to create a spellbinding atmosphere.

### TALISK

Nominees in the 2017 BBC Radio 2 Folk Awards' Horizon Award, and winners of the 2015 Young Folk Award, Talisk are one of the fastest rising bands on the UK folk scene.

### PETER KNIGHT'S GIGSPANNER 'BIG BAND' WITH PHILLIP HENRY AND HANNAH MARTIN

SATURDAY 28 APRIL 2018

 $\Diamond$ 

All tickets purchased from the Folk House include a 50p administration fee. All our music events held in the cafe

or hall are seated. Unfortunately we have no disabled access or facilities. Tickets are non-refundable.

As a trio, Gigspanner, has built a massive reputation for dismantling traditional music and song and reassembling it into "music of intelligently crafted brilliance" (Songlines).

# FOLK HOUSE COMMUNITY CHOIR

The Folk House Community Choir meet up weekly on Tuesday 7.00 - 9.00 pm. A friendly choir based in the heart of Bristol. The choir cover a wide variety of folk songs, as well as some world and contemporary music. Beginners welcome. See www.bristolfolkhouse.co.uk/choir for full details.

### **CHOIR CHRISTMAS PERFORMANCE**

**19 DECEMBER** with support from The Bristol Folk String Orchestra.

# **DANCE EVENTS**

We have monthly Ceilidh and Swing dance events at the Folk house. Please check the Bristol Ceilidh website to see when the next event is and for tickets.

www.bristolceilidh.com

# BRISTOL BLUEGRASS AND AMERICANA FESTIVAL

### FRIDAY 2<sup>ND</sup> – SATURDAY 3<sup>RD</sup> FEBRUARY 2018

For the tenth year, the Folk House will play host to an exciting weekend of Bluegrass and Americana music. With evening concerts on the Friday and Saturday, instrument workshops on Saturday morning and an open mic and jam in the café on Saturday afternoon. The whole festival will be hosted by The Hogranch (Bristol's leading Americana and Bluegrass band) and is kindly sponsored by Hobgoblin Music. Already confirmed are The Rosellas, Jenn Butterworth and Laura-Beth Salter and the Goat Roper Rodeo Band.

# BRISTOL JAZZ AND BLUES FESTIVAL

### THURSDAY 15TH- SUNDAY 18TH MARCH 2018 | WWW.BRISTOLJAZZANDBLUESFEST.COM

As part of the festival this year, the Bristol Folk House will be presenting a series of workshops and masterclasses during the weekend, featuring artists such as funk legend Pee Wee Ellis, blues guitar sensation Matt Schofield and contemporary Israeli percussionist Asaf Sirkis among others. Keep an eye on the website for more details and announcements. Tickets available from the Colston Hall.



### BETH FOURACRE Guitar Beginners

D1 | ③ | £55.00/£51.00/£42.00 | Wednesday 5.30 - 6.30pm | starts 10 January | 10wks Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.

TERM DATES

6 JAN - 24 MAR

HALF TERM

12 - 16 FEB

### JOEL BOBRUCKI Guitar Beginners Continued

**D2** | **(2)** | £55.00/£51.00/£42.00 | **Thursday** 6.45 - 7.45pm | starts **11 January** | 10wks For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar playing will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

### **Guitar Improvers**

**D3** | (2) | £55.00/£51.00/£42.00 | **Thursday** 5.30 - 6.30pm | starts **11 January** | 10wks For those who feel ready to move on from the basics, this course will carry on from the Beginners Continued level. Developing further skills in finger-picking, lead and rhythm guitar. To do this course you need to have a basic understanding of E-shaped barre chords (even if you can't play them well yet).

### ALEX BISHOP Guitar Extended

**D4** | **(2)** | £55.00/£51.00/£42.00 | **Wednesday** 2.30 - 4.30pm | starts **10 January** | 5wks **D5** | **(2)** | £55.00/£51.00/£42.00 | **Wednesday** 2.30 - 4.30pm | starts **21 Feb** | 5wks For guitarists with more experience. Come and share your skills and learn from each other. This two hour session will involve a taught element, a chance to play and share knowledge/techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others.

### Saturday – Gypsy Jazz Guitar Workshop S25 | £16.50/£15.30/£12.60 | 20 January 1.00 – 4.00pm

Want to learn guitar in the style of Django Reinhardt? This workshop will introduce you to this unique style of guitar playing. Different aspects of the style will be covered including la pompe rhythm, melody playing and repertoire. Suitable for those on our extended classes or those who have a good basic knowledge of playing the guitar.

### **NEW** Saturday – Guitar Rhythm Workshop

**S63** | 🖸 | £16.50/£15.30/£12.60 | **17** February 1.00 - 4.00pm

Expand your understanding of guitar rhythms. This workshop introducing you to waltzes, bossas, boleros and more. We will be get to grips with some chord theory and look at how to improve your time and rhythm. Suitable for those who have a good basic knowledge of the guitar.

### ISOLDE Finding your Voice

**FREETH-HALE D6** | £55.00/£51.00/£42.00 | **Monday** 6.00 – 7.00pm | starts **8 January** | 10wks Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

# MUSIC, DANCE & DRAMA CONTINUED

### ISOLDE Enhancing your Voice

FREETH-HALE D7 | £82.50/£76.50/£63.00 | Monday 7.15 - 8.45pm | starts 8 January | 10wks

**CONTINUED** A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

### Saturday - Vocal Improvisation Workshop

**S44** | £16.50/£15.30/£12.60 | **3** February 1.00 - 4.00pm

Build confidence in your vocal improvisation. We will apply a range of professional exercises and techniques used for developing the voice and play with our voices as instruments. Expect to have fun, feel inspired and create some beautiful music.

### Saturday - Songwriting Day Workshop

### **S60** | £30.50/£28.50/£24.00 | **17 February** 10.00 - 4.00pm

Explore exercises that will help to inspire new songs and finish old ones. We shall look at both solo and group songwriting, learning ways that we can inspire each other creatively, as well as develop our own personal voices. Open to complete beginners and those who have some songwriting experience.

### NEW Saturday – Advancing your Voice

### **S64** | £16.50/£15.30/£12.60 | **24 February** 10.00 - 1.00pm

For experienced singers wishing to advance their skills in a supportive space. We will learn advanced vocal techniques that develop singing skills. Each student will then perform a pre-prepared song, receiving constructive feedback.

### NONNY TABUSH Saturday - Folk Singing workshop

### NEW S96 | £16.50/£15.30/£12.60 | 6 January 1.00 - 4.00pm

You will start learning folk song in harmony and by the end of the day be creating your own harmonies. Everyone is welcome, including beginners. You will be taught everything by ear, so you don't need to be able to read music.

### Folk House Community Choir

Tuesday 7.00 - 9.00pm | See www.bristolfolkhouse.co.uk/choir for details.

### BEN SEARLE Ukulele for Beginners

**D8** | **(2)** | £27.50/£25.50/£21.00 | **Thursday** 2.00 - 3.00pm | starts **11 January** | 5wks For complete beginners or those very new to the 'uke. In a friendly and welcoming atmosphere, this five week course aims to encourage confidence, skill and fun with this wonderful four-stringed instrument. Just bring a ukulele and we'll do the rest.

### Ukulele for Improvers

**D9** | **1 1 27.50/£25.50/£21.00** | **Thursday** *2.00 – 3.00pm* | *starts* **22 February** | 5wks This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our five week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

### Saturday - Ukulele for Improvers - Plus

**S72** | (2) | £13.75/£12.75/£10.50 | **24 February** 2.00 – 4.30pm This workshop is ideal for everyone who has attended the 'Ukulele for Improvers' course, as well as anyone who has played for a while and wants to learn even more about playing this cheery little instrument.



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# MUSIC, DANCE & DRAMA CONTINUED

### AIDAN SHEEHAN Saturday - Beginners Harmonica Workshop

**S77** | (2) | £27.50/£25.50/£21.00 | **10 March** 10.00 - 4.00pm Do not leave your harmonica in a drawer. In this friendly class, learn to perform a selection of tunes on your harmonica in a day. Beginners to intermediate level welcome.

ENROLMENT INFORMATION ON PAGE

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### ED BARROW Saturday - Swing Dance Workshop

S84 | 🙆 | £11.00/£10.20/£8.40 | 10 March 2.00 - 4.00pm

Step back in time to the 1930's where the infectious Big Band sound was filling the dance floors of Europe and America. We will be teaching you all the steps you need to hit the dance floor in true vintage style.

### EVIE Saturday - Samba Dance Workshop

### S62 | £11.00/£10.20/£8.40 | 17 February 10.30 - 12.30pm

This workshop will give you a taste of many different types of Samba. Samba Reggae, Samba Rio Carnival, Samba de Roda, Samba Iyexa and more. No previous dance experience is needed - just a sense of fun and adventure.

### CLAIRE PHIPPS Saturday - Dirty Dancing

### **S23** | 🔞 | £12.00/£11.20/£9.40 | **20** January 10.30 - 12.30pm

Learn the iconic moves from the best dance film EVER made. No partner needed, just plenty of enthusiasm to have the time of your life.

### Saturday - Burlesque Workshop

### S43 | 🙆 | £12.00/£11.20/£9.40 | 3 February 10.30 - 12.30pm

Learn the art of posing, peeling and teasing in a supportive environment. Discover your confident and glamorous burlesque alter-ego. This workshop is fully clothed - we will put more on before we take it off.

### Saturday - 20's Charleston for Beginners Workshop

S83 | 🕥 | £12.00/£11.20/£9.40 | 10 March 10.30 - 12.30pm

Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

### CHRISTINE POWER Circle Dancing

D10 | £41.25/£38.25/£31.50 | Monday 1.30 - 3.00pm | starts 8 January | 5wks D11 | £41.25/£38.25/£31.50 | Monday 1.30 - 3.00pm | starts 19 February | 5wks In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome. Two six week courses.

### Line Dancing Beginners

D12 | £27.50/£25.50/£21.00 | Tuesday 4.15 - 5.15pm | starts 9 January | 5wks D13 | £27.50/£25.50/£21.00 | Tuesday 4.15 - 5.15pm | starts 20 February | 5wks Thought to originate in the US, Line Dancing has become a global phenomenon with new dances constantly being created. With set sequences to remember, Line Dancing is exercise for the mind as well as the body. A class for complete beginners or those who would like to revise. Suitable for all ages & fitness levels.



### CHRISTINE POWER Line Dancing Improvers

 CONTINUED
 D14 | £27.50/£25.50/£21.00 | Monday 10.30 - 11.30pm | starts 8 January | 5wks

 D15 | £27.50/£25.50/£21.00 | Monday 10.30 - 11.30pm | starts 19 February | 5wks

 This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

### Line Dancing Intermediate

**D16** | £41.25/£38.25/£31.50 | **Thursday** *10.30 – 12.00pm* | *starts* **11 January** | 5wks **D17** | £41.25/£38.25/£31.50 | **Thursday** *10.30 – 12.00pm* | *starts* **22 February** | 5wks For those who have attended a dance class of any style for more than one year. With a break for a drink and a chat. Two five week courses.

### Line Dancing Advanced

**D18** | £41.25/£38.25/£31.50 | **Wednesday** *10.30 – 12.00pm* | *starts* **10 January** | 5wks **D19** | £41.25/£38.25/£31.50 | **Wednesday** *10.30 – 12.00pm* | *starts* **21 February** | 5wks For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two six week courses.

### Line Dancing Advanced Plus

**D20** | £55.00/£51.00/£42.00 | **Thursday** *12.30 – 1.30pm* | *starts* **11 January** | 5wks For enthusiastic dancers who have ideally attended the Advanced Line Dance Class. Learn long and complex dances with fast steps, quick turns or irregular rhythms. Contact the tutor if you wish to enrol but have not previously attended the advanced class.

### Saturday - An Introduction to Circle Dancing

### S35 | 🙆 | £11.00/£10.20/£8.40 | 27 January 2.00 - 4.00pm

Circle dance has its origins in dances from Eastern European communities, and also has modern dances to Irish music. In this enjoyable and friendly workshop we dance to Greek, Balkan, Jewish & Irish rhythms by holding hands together. All welcome.

### AANCHAL GUPTA Saturday - Bollywood Dance Workshop

NEW S34 | (2) | £11.00/£10.20/£8.40 | 27 January 10.30 - 12.30pm Discover the beautiful and colourful world of Bollywood. This popular dance form from India is filled with elegant expressions and dynamic movements. In this workshop you will learn a whole beginners routine. No previous experience necessary.

### EVE BUTCHERS Over 50's Ballet Group

NEW D21 | (2) | £55.00/£51.00/£42.00 | Monday 3.30 - 4.30pm | starts 8 January | 10wks Are you over 50? Would you like to learn Ballet in a non-competitive, supportive class- focusing on good posture and alignment? If so please join us in our new group. Average level of fitness required/ Returners welcome.

### **Ballet Beginners Entry**

**D22** 1 1 £55.00/£51.00/£42.00 | **Monday** 6.00 - 7.00pm | starts **8 January** | 10wks A course for complete beginners. Learn a host of movements and steps in a relaxed atmosphere whilst focusing on developing alignment, posture and strength. Also suitable for those returning to ballet.

# MUSIC, DANCE & DRAMA CONTINUED

### MARK BRECKON Drama and Improvisation Part 1

**D23** | £55.00/£51.00/£42.00 | **Wednesday** 7.00 - 9.00pm | starts **10 January** | 5wks With a playful approach we will develop your creative confidence and spontaneity. We will play theatre games and explore improvisation techniques to release the imagination. A supportive environment.

### Drama and Improvisation Part 2

**D24** | £55.00/£51.00/£42.00 | **Wednesday** 7.00 - 9.00pm | starts **21** February | 5wks This is a chance to build on your existing drama skills and explore acting and improvisation exercises. We look in depth at how to create imaginative scenes. A follow on from Part 1 or for those with some prior drama experience.

# **FITNESS & EXERCISE**

### LUCY EYRE Gentle Pilates

**F1** | ③ | £57.00/£53.00/£44.00 | Monday 12.00 – 1.00pm | starts 8 January | 10wks This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class.

### **Pilates - Seated Excercise**

**F2** | (1) | £57.00/£53.00/£44.00 | **Tuesday** *11.00 – 12.00pm* | *starts* **9 January** | 10wks A gentle way to exercise, using mainly seated activities to improve posture, balance and muscle tone. We use equipment such as bands and balls in an easy to follow format. Suitable for seniors and those working with injuries or returning to exercise.

### **Pilates - Mixed Ability**

**F3** [ ] [ £55.00/£51.00/£42.00 | Wednesday 12.30 – 1.00pm | starts 10 Jan | 10wks Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

### LARA THOMAS-NEL Pilates - Mixed Ability

**F4** | (1) | £55.00/£51.00/£42.00 | **Tuesday** 5.45 - 6.45pm | starts **9** January | 10wks Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

### ZOE PITHER Hatha Yoga

**F5** | (1) | £55.00/£51.00/£42.00 | Wednesday 5.30 - 6.30pm | starts 10 Jan | 10wks Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

# FITNESS & EXERCISE CONTINUED

### MEL SKINNER Lunchtime Yoga

**F6** | ③ | £55.00/£51.00/£42.00 | **Tuesday** *1.00 – 2.00pm* | *starts* **9 January** | 10wks Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

### Saturday - Yoga for Healthy Backs

### **S53** | 🖸 | £11.00/£10.20/£8.40 | **10 February** 10.30 - 12.30pm

Most people will suffer from back ache at some point in their life. During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome.

### MORVEN Saturday - Yoga for Healthy Sleep

### HAMILTON S7 | 🙆 | £16.50/£15.30/£12.60 | 6 January 1.30 - 4.30pm

Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation and mindfulness and will learn simple yogic thought and method that can be practiced at home to reset your nervous system and focus your mind.

### Saturday - Yoga for Complete Beginners

### **S26** | 🙆 | £16.50/£15.30/ £12.60 | **20** January 1.00 - 4.00pm

Learn the basics of Hatha yoga poses, breathwork and relaxation. You will get a grounding in healthy alignment, how to move with the breath and how to use the tools of Hatha yoga to help achieve wellbeing on and off the mat. A good preparation for anyone contemplating regular classes. Open to everyone regardles of ability or fitness.

### ANN SHELDON **Qi Gong**

**F7** | £55.00/£51.00/£42.00 | **Thursday** 6.15 - 7.15pm | starts **11 January** | 10wks **F8** | £55.00/£51.00/£42.00 | **Friday** 1.00 - 2.00pm | starts **12 January** | 10wks A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

### JEANIE BRICE Keep Fit in Retirement

**F9** | £55.00/£51.00/£42.00 | **Friday** *11.00 – 12.00pm* | *starts* **12 January** | 5wks **F10** | £55.00/£51.00/£42.00 | **Friday** *11.00 – 12.00pm* | *starts* **23 February** | 5wks For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two five week courses.



6 JAN - 24 MAR

HALF TERM

12 - 16 FEB

# LANGUAGES

Our language courses are structured by levels. More information about these levels are listed on our website. If you have questions please ring the office on 0117 926 2987 to obtain contact info of the tutors who can advise the best level for you.

# FRENCH

### CATHERINE French Beginners Entry

SFORZA L1 | 68.75/£63.75/£52.50 | Tuesday 5.45 - 7.00pm | starts 9 January | 10wks

### AURELIA MOURIES French Beginners Plus

L2 | 68.75/£63.75/£52.50 | Monday 5.30 - 6.45pm | starts 8 January | 10wks

### ARLETTE HODGKIN French Conversation

L3 | £55.00/£51.00/£42.00 | Wednesday 1.30 - 2.30pm | starts 10 January | 10wks

### French Level 1

L4 | £82.50/£76.50/£63.00 | Thursday 5.30 - 7.00pm | starts 11 January | 10wks

### French Level 2

L5 | £110.00/£102.00/£84.00 | Tuesday 10.30 - 12.30pm | starts 9 January | 10wks

French Level 3 L6 | £110.00/£102.00/£84.00 | Wednesday 10.30 - 12.30pm | starts 10 Jan | 10wks

### French Level 4

L7 | £110.00/£102.00/£84.00 | Thursday 10.30 - 12.30pm | starts 11 January | 10wks



### DENISE VARGIU Italian Beginners Entry Level

L8 | £82.50/£76.50/£63.00 | Wednesday 8.15 - 9.45pm | starts 10 January | 10wks

### DAVIDE ARIASSO Italian Beginners Plus

L9 | 68.75/£63.75/£52.50 | Monday 8.30 - 9.45pm | starts 8 January | 10wks

### Italian Level 1

L10 | £82.50/£76.50/£63.00 | Wednesday 5.00 - 6.30pm | starts 10 January | 10wks

### Italian Level 2

L11 | 68.75/£63.75/£52.50 | Monday 7.00 - 8.15pm | starts 8 January | 10wks

### Italian Level 3

L12 | 68.75/£63.75/£52.50 | Wednesday 6.45 - 8.00pm | starts 10 January | 10wks

# **SPANISH**

### GORKA DIAZ Spanish Beginners Entry Level

L13 | £82.50/£76.50/£63.00 | Tuesday 7.45 - 9.15pm | starts 9 January | 10wks L14 | £82.50/£76.50/£63.00 | Wednesday 6.00 - 7.30pm | starts 10 January | 10wks L15 | £82.50/£76.50/£63.00 | Thursday 7.45 - 9.15pm | starts 11 January | 10wks

### GORKA DIAZ Spanish Beginners Plus 1

L16 | £82.50/£76.50/£63.00 | Monday 7.45 - 9.15pm | starts 8 January | 10wks

Spanish Beginners Plus 2 L17 | £82.50/£76.50/£63.00 | Tuesday 6.00 - 7.30pm | starts 9 January | 10wks

### Spanish Level 1

L18 | £82.50/£76.50/£63.00 | Wednesday 7.45 - 9.15pm | starts 10 January | 10wks

Spanish Level 2 L19 | £82.50/£76.50/£63.00 | Monday 6.00 - 7.30pm | starts 8 January | 10wks

LIDIA Spanish Level 1 MOREJUDO SALOR L20 | £82.50/£76.50/£63.00 | Tuesday 6.00 - 7.30pm | starts 9 January | 10wks

# GERMAN

### RITA HANKS German Beginners Entry Level

L21 | £82.50/£76.50/£63.00 | Wednesday 7.45 - 9.15pm | starts 10 January | 10wks

German Beginners Plus Level L22 | £82.50/£76.50/£63.00 | Monday 7.45 - 9.15pm | starts 8 January | 10wks

MARTINA German Level 1

MACKINTOSH L23 | £82.50/£76.50/£63.00 | Thursday 7.30 - 9.00pm | starts 11 January | 10wks

### German Level 2

L24 | £82.50/£76.50/£63.00 | Thursday 5.45 - 7.15pm | starts 11 January | 10wks

### **NELLBEING**

### JENNIFER Introduction to Alexander Technique

 MACKERRAS
 G1 | £41.25/£38.25/£31.50 | Tuesday 6.00 - 7.30pm | starts 20 February | 5wks

 Are you hemmed in by habit or plagued by aches and pains? In this six week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do.

KAY BAXTER Saturday - Accessing the Quiet Within You - Practices for the New Year NEW S6 | £27.50/£25.50/£21.00 | 6 January 10.00 - 4.00pm

In this day workshop we will engage in and experience practices that can help us access the stillness and deep quiet within us, and as a means to centring ourselves for the challenges of our days, and to restore as needed.

### KATE JORDAN Saturday - Hypnotherapy for Happiness

### **S29** | £27.50/£25.50/£21.00 | **27** Janaury 10.00 - 4.00pm

Want more happiness in your life? Hypnotherapy can help. Come and explore what happiness means for you, learn how to deal more effectively with stress, set some personal goals, then relax with some hypnotherapy.

ENROLMENT INFORMATION ON PAGE **VELLBEING** CONTINUED



# **LIFE AND LEISURE**

### JACKIE HAWKEN Saturday - Mindfulness, Compassion, Insight and Wisdom

### **S12** | £27.50/£25.50/£21.00 | **13** January 10.00 - 4.00pm

Mindfulness is a capacity of the mind to be aware of the present in a non-judgemental way. It helps us to take better care of ourselves, life and access inner resources to cope with stress. There will be practical exercises to help develop this innate ability.

TERM DATES 6 JAN - 24 MAR

HALF TERM

12 - 16 FEB

### Saturday – Coaching for Self Esteem

### S48 | £27.50/£25.50/£21.00 | 10 February 10.00 - 4.00pm

Guided by an experienced Life Coach, participants will look at ways to increase their self esteem, take personal responsibility and assess where they are with their lives. Be prepared to set some goals and make positive changes.

### MEL SKINNER Saturday - Yoga Nidra

### S55 | £11.00/£10.20/£8.40 | 10 February 2.00 - 4.00pm

Discover the practice of Yoga Nidra, a guided meditation practice. Combining Yoga Nidra with simple breathing techniques can help you begin to discover a sense of true letting go, resulting in a sense of deep peace and ease.

### ZOE PITHER Saturday - Mindfulness for Busy People

**S95** | £11.00/£10.20/£8.40 | **24 March** 2.00 - 4.00pm

A gentle and accessible introduction to mindfulness focussing on simple, practical mindfulness techniques that you can take away and use in everyday life. You will learn how to use your breath and natural awareness to find ease and focus amidst the rush and go home with a practical tool-kit of resources to use from day-to-day.

### JOHN SMITH Herbal Medicine: Body, Mind & Spirit

**G2** | £55.00/£51.00/£42.00 | **Thursday** 7.30 – 9.30pm | starts **22 February** | 5wks Discovering foods, herbs and other natural approaches to support physical, mental and emotional well-being. In this five week course we will be drawing from the healing traditions of Europe, North America, China, India and The Middle East.

### Saturday - Yogic Medicine

**S82** | £27.50/£25.50/£21.00 | **10 March** *10.00 – 4.00pm* Introducing several approaches to natural healing techniques used by the traditional barefoot doctors of China, India and Japan. Including herbal first aid.

### Saturday - Herbal Alchemy

**S91** | £27.50/£25.50/£21.00 | **24 March** *10.00 – 4.00pm* Using herbs as tools to treat the causes of physical, emotional and psycho-spiritual disorders. An introduction to herbal energetics and spagyric medicine.

### RAPHAEL NEU Saturday - An Introduction to Homeopathy

S37 | £31.50/£29.50/£25.00 | 3 February 10.00 - 4.00pm

For those who would like to understand the basic ideas forming the foundation of classical homeopathy, alongside guidance in the practical use of homeopathic remedies. A booklet is provided with info for the use of 30 homeopathic remedies.



An enjoyable workshop looking at the demands of running your own business. Discover if your business idea is viable. Learn how to produce a business plan, taking into account sales, marketing, operational and financial control. There will be time for confidential 1:1s with this experienced business advisor.

### MARIA LUISA Saturday - Marketing for your Small Business

LATORRE S2 | (2) | £27.50/£25.50/£21.00 | 6 January 10.00 - 4.00pm This workshop will focus on the early steps that need to be taken to support a small business. Analysing the target market, examining the product or service, researching the competition, evaluating the brand and the marketing channels and finally creating a marketing plan.

### LISA MALYON Saturday - An Introduction to Social Media for Business

**S56** | (2) | £27.50/£25.50/£21.00 | **17 February** 10.00 - 4.00pm Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

### ALISON WILDING Saturday - How to Buy and Sell on eBay

**S22** | (3) | £32.25/£30.05/£25.10 | **20 January** 10.00 – 4.30pm Learn the tips of the eBay trade is this fun, practical workshop. The course is designed for people wanting to learn about eBay for personal use and you will need to bring a laptop or tablet with you.

### DEM JARDEL Saturday - Cryptic Crosswords: How to Solve Them

**S24** | £16.50/£15.30/£12.60 | **20** January *1.00 – 4.00pm* 

S71 | £16.50/£15.30/£12.60 | 24 February 1.00 - 4.00pm

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

### IAN REDFEARN Wine Tasting: Cabernet, Shiraz, Chardonnay and more

M1 (3) [£71.25/£68.25/£61.50 [Tuesday 7.45 – 9.15pm ] starts **9** January | 5wks Become an expert in Cabernet Sauvignon, Shiraz and Chardonnay, amongst others, by tasting six examples of a classic varietal from around the world each week. A five week course. Please bring 3 wine glasses with you.

### Wine Tasting: Pinot Noir, Merlot, Sauvignon Blanc and more

**M2** | (1) | £71.25/£68.25/£61.50 | Tuesday 7.45 - 9.15pm | starts **20 February** | 5wks Get to grips with Pinot Noir, Merlot and Sauvignon Blanc, amongst others, by tasting six examples of a classic varietal from around the world each week. A five week course. Please bring 3 wine glasses with you.

# WEEKDAY TIMETABLES

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M	INDAY	TIME F	PAGE	TU	ESDAY CONTINUED
A11	Art History: Mexico and Russia	10.00 -12.00	4	C12	Textile Fabrics Dye Course ()
A18	Learn to Draw	10.00 - 12.30	5	L5	French Level 2
A19	Learn to Draw 🜗	10.00 - 12.30	5	W1	Creative Writing for All
P1	Pottery Day Studio	10.00 - 4.15	16	A42	Darkroom Discovery Course ()
P2	Pottery Day Studio 🜗	10.00 - 4.15	16	F2	Pilates - Seated Excercise
D14	Line Dancing Improvers	10.30 - 11.30	25	F6	Lunchtime Yoga
D15	Line Dancing Improvers 🜗	10.30 - 11.30	25	A15	Exploring Drawing 🜗
A12	Acrylic Painting	10.30 - 12.30	4	C18	Dressmaking
F1	Gentle Pilates	12.00 - 1.00	26	W2	Life Writing Weekly
D10	Circle Dancing	1.30 - 3.00	24	C7	Silversmithing Techniques
D11	Circle Dancing 🕕	1.30 - 3.00	24	A5	Painting in Oils & Acrylics
A24	Painting in Watercolour	1.30 - 4.00	5	D12	Line Dancing Beginner
A25	Painting in Watercolour 🕕	1.30 - 4.00	5	D13	Line Dancing Beginner 🜗
A2	Drawing/Painting from Life ()	2.00 - 4.30	3	A33	Etching and Drypoint
A3	I Wish I Could Paint	2.15 - 4.15	3	C19	Dressmaking
D21	Over 50's Ballet Group	3.30 - 4.30	25	F4	Pilates - Mixed Ability
L2	French Beginners Plus	5.30 - 6.45	28	L1	French Beginners Entry
	Dressmaking	5.30 - 7.30	15	G1	Intro to Alexander Technique ()
A1	I Wish I Could Draw	5.30 - 7.30	3	L17	Spanish Beginners Plus 2
C5	Silversmithing Techniques	5.30 - 7.30	13	L20	Spanish Level 1
A4	Life Drawing: Basic Skills 🕕	5.30 - 7.30	3	A6	Painting in Oils & Acrylics
W5	Short Fiction	5.30 - 7.30	19	P5	Pottery Multi-level
D6	Finding your Voice	6.00 - 7.00	22	C10	Knitting and Crochet
D22	Ballet for Beginners	6.00 - 7.00	25	C11	Knitting and Crochet 🜗
L19	Spanish Level 2	6.00 - 7.30	29	L13	Spanish Beginners Entry
P7	Pottery Improvers	6.00 - 9.00	18	M1	Wine Tasting: Cabernet
L11	Italian Level 2	7.00 - 8.15	28	M2	Wine Tasting: Pinot Noir 🕩
D7	Enhancing your Voice	7.15 - 8.45	23	A36	Collograph Printing
L16	Spanish Beginners Plus 1	7.45 - 9.15	29	A37	Creative Fabric Printing 🕕
L22	German Beginners Plus Level	7.45 - 9.15	29	C20	Dressmaking
C6	Silversmithing Techniques	7.45 - 9.45	13	W6	Scriptwriting
C17	Dressmaking	7.45 - 9.45	15		
	Life Drawing: Mixed Ability	7.45 - 9.45	4	WF	DNESDAY
L9	Italian Beginners Plus	8.30 - 9.45	28	VV L	UNLODAI
				A22	Landscapes in Watercolour

TU	ESDAY	TIME	PAGE
C9	Beadwork	10.00 - 12.00	13
P10	Pottery Day Studio Tuesday	10.00 - 4.00	18
P11	Pottery Day Studio Tuesday 🜗	10.00 - 4.00	18



TIMF

ESDAY CONTINUED

A23 Landscapes in Watercolour ()

D18 Line Dancing Advanced

L6 French Level 3

A13 Experimental Art

D19 Line Dancing Advanced ()

Intro to Alexander Technique () 6.00 - 7.30

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10.30 - 12.45 4

TIME

**SPRING TERM 2018** 

WE	DNESDAY CONTINUED	TIME	PAGE
P4	Pottery Beginners Extended	10.30 - 1.00	17
F3	Pilates - Mixed Ability	12.30 - 1.30	26
L3	French Conversation	1.30 - 2.30	28
A34	Lino Printing	2.00 - 4.00	8
A8	Portraiture	2.00 - 4.30	3
A9	Portraiture 🜗	2.00 - 4.30	3
D4	Guitar Extended	2.30 - 4.30	22
D5	Guitar Extended 🜗	2.30 - 4.30	22
L10	Italian Level 1	5.00 - 6.30	28
D1	Guitar Beginners	5.30 - 6.30	22
F5	Hatha Yoga	5.30 - 6.30	26
C21	Dressmaking	5.30 - 7.30	15
A7	Painting in Oils & Acrylics	5.30 - 7.30	3
A35	Lino Printing	5.30 - 7.30	8
P6	Pottery Improvers	5.30 - 7.30	17
W4	Write a Novel that Sells	5.30 - 7.30	19
L14	Spanish Beginners Entry	6.00 - 7.30	28
A41	Intro to B&W Film Photography	6.30 - 9.00	9
L12	Italian Level 3	6.45 - 8.00	28
D23	Drama & Improvisation Pt 1	7.00 - 9.00	26
D24	Drama & Improvisation Pt 2 🕕	7.00 - 9.00	27
L21	German Beginners Entry Level	7.45 - 9.15	29
L18	Spanish Level 1	7.45 - 9.15	29
C8	Silversmithing Techniques	7.45 - 9.45	13
C22	Dressmaking	7.45 - 9.45	15
A16	Oil Painting for Beginners	7.45 - 9.45	5
P3	Pottery Beginners	7.45 - 9.45	17
A17	Watercolour for Beginners ()	7.45 - 9.45	5
L8	Italian Beginners Entry Level	8.15 - 9.45	28

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		TIME	PAGE
A39	Digital Camera: Beginners	10.00 - 1.00	9
A40	Digital Camera: Beginners 🜗	10.00 - 1.00	9
A26	Sketching in Watercolour	10.00 - 1.00	6
A27	Sketching in Watercolour 🕕	10.00 - 1.00	6
D16	Line Dancing Intermediate	10.30 - 12.00	25
D17	Line Dancing Intermediate 🕕	10.30 - 12.00	25
С3	Woodcarving Course	10.30 - 12.30	12
C4	Woodcarving Course 🜗	10.30 - 12.30	12

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	6	JAN <u>–</u> 24 MAF	1
		HALF TERM	)
		12 – 16 FEB	
TU	ΙΙΔΟΠΑΥ		
П	URSDAY CONTINUED	TIME	PAGE
L7	French Level 4	10.30 - 12.30	28
A28	The Versatility of Watercolour	10.30 - 12.45	6
D20	Line Dancing Advanced Plus	12.30 - 1.30	25
A44	Architectural Sketching Course	1.00 - 3.00	8
D8	Ukulele for Beginners	2.00 - 3.00	23
D9	Ukulele for Improvers 🜗	2.00 - 3.00	23
A29	Painting Projects: Multi-level	2.00 - 4.15	6
A20	Med Landscapes in Watercolour	2.00 - 5.00	5
A21	Botanical Painting 🜗	2.00 - 5.00	5
D3	Guitar Improvers	5.30 - 6.30	22
L4	French Level 1	5.30 - 7.00	28
A14	Experimental Art	5.30 - 7.30	4
A38	Creative Printmaking 🕕	5.30 - 7.30	9
P12	Intro to the Potter's Wheel 🜗	5.30 - 7.30	18
P9	Pottery - Beginners	5.30 - 7.30	18
C14	Sewing for Beginners	5.30 - 7.30	15
W3	Introduction to Creative Writing	5.30 - 7.30	19
L24	German Level 2	5.45 - 7.15	29
	Photography Cyanotypes 🜗	6.00 - 9.00	11
F7	Qi Gong	6.15 - 7.15	27
D2	Guitar Beginners Continued	6.45 - 7.45	22
L23	German Level 1	7.30 - 9.00	29
A32	Figure Drawing and Anatomy	7.30 - 9.30	7
G2	Herbal Medicine: Body, Mind ()	7.30 - 9.30	30
C23	Willow Basket Weaving 🕕	7.30 - 9.30	13
A31	Illustration with Photoshop ()	7.45 - 9.45	7
	Exploring Illustration	7.45 - 9.45	6
P8	Pottery Improvers	7.45 - 9.45	18
C15	Sewing for Beginners	7.45 - 9.45	15
L15	Spanish Beginners Entry	7.45 - 9.15	28

F8 Qi Gong

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1.00 - 2.00

**TERM DATES** C LAN

FR	IDAY	TIME	PAGE
C1	Stained Glass	10.00 - 12.3	0 12
C2	Stained Glass 🕕	10.00 - 12.3	0 12
DD	Drop in and Draw	10.00 - 1.00	27
F9	Keep Fit in Retirement	11.00 - 12.00	) 27
F10	Keep Fit in Retirement	11.00 - 12.00	) 14
C13	Sewing for Beginners	11.00 - 1.00	27

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# **SATURDAY 6 JANUARY**

S1	Hardback Bookbinding	10.00 - 3.00	16
S2	Marketing your Small Business	10.00 - 4.00	31
S3	Clay Modelling the Figure	10.00 - 4.00	17
S4	Knitting and Crochet Workshop	10.00 - 4.00	14
S5	Silver Ring in a Day	10.00 - 4.00	13
S6	Quiet within - New Year	10.00 - 4.00	29
S96	Folk Singing	1.00 - 4.00	27
S7	Yoga for Healthy Sleep	1.30 - 4.30	23

# **SATURDAY 13 JANUARY**

<b>S</b> 8	B&W Film Developing	10.00 - 4.00	9
S9	Charcoal & Pastels Workshop	10.00 - 4.00	4
S10	Interior Design Workshop	10.00 - 4.00	12
S11	Photoshop and Lightroom	10.00 - 4.00	9
S12	Mindfulness workshop	10.00 - 4.00	30
S13	Pottery: Throwing and Turning	10.00 - 4.00	18
S14	Small Leather Goods Workshop	10.00 - 1.00	16
S15	Willow Owl Sculpture Workshop	10.00 - 4.00	13
S16	Make your Own Leather Belt	1.30 - 4.30	16

# **SATURDAY 20 JANUARY**

S17	Four Pots in a Day	10.00 - 4.00	17
S18	Have a go Darkroom Taster	10.00 - 4.00	11
S19	Oil Painting Workshop	10.00 - 4.00	5
S20	Poetry From Nowhere	10.00 - 4.00	19
S21	Silver Ring in a Day	10.00 - 4.00	13
S22	How to Buy and Sell on eBay	10.00 - 4.30	31
S23	Dirty Dancing	10.30 - 12.30	24
S24	Cryptic Crosswords	1.00 - 4.00	31
S25	Gypsy Jazz Guitar Workshop	1.00 - 4.00	22
S26	Yoga for Complete Beginners	1.00 - 4.00	27

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### **TERM DATES** 6 JAN - 24 MAR HALF TERM 12 - 16 FEB

### **SATURDAY 27 JANUARY** PAGE

S27	Calligraphy Foundational Hand	10.00 - 4.00	16
S28	Crochet Squares & Blankets	10.00 - 4.00	14
S29	Hypnotherapy for Happiness	10.00 - 4.00	29
S30	Pottery: Throwing and Turning	10.00 - 4.00	18
S31	Shibori Workshop	10.00 - 4.00	14
S32	Stained Glass Mirror Taster Day	10.00 - 4.00	12
S33	Digital Camera Workshop	10.00 - 4.00	9
S34	Bollywood Dance Workshop	10.30 - 12.30	25
S35	Introduction to Circle Dancing	2.00 - 4.00	25

### **SATURDAY 3 FEBRUARY** PAGE

S36	Figure Drawing and Anatomy	10.00 - 4.00	7
S37	Introduction to Homeopathy	10.00 - 4.00	30
S38	Natural DIY Spa Day	10.00 - 4.00	12
S39	Portraiture Workshop	10.00 - 4.00	3
S40	Pottery Taster - Delicious Dishes	10.00 - 4.00	17
S41	Surrealist Photography	10.00 - 4.00	11
S42	From Observation to Writing	10.00 - 4.00	19
S43	Burlesque Workshop	10.30 - 12.30	25
S44	Vocal Improvisation Workshop	1.00 - 4.00	23

### **SATURDAY 10 FEBRUARY** PAGE

S45	Illustrative Life Drawing	10.00 - 1.00	6
S46	Black-and-White Film Printing	10.00 - 4.00	11
S47	Botanical Painting Workshop	10.00 - 4.00	6
S48	Coaching for Self Esteem	10.00 - 4.00	30
S49	Figure Drawing and Anatomy	10.00 - 4.00	7
S50	Pottery: Throwing and Turning	10.00 - 4.00	18
S51	Sewing for Beginners Workshop	10.00 - 4.00	15
S52	Starting your Own Business	10.00 - 4.30	31
S53	Yoga for Healthy Backs	10.30 - 12.30	27
S54	Indigo Dye Workshop	1.30 - 4.30	14
S55	Yoga Nidra	2.00 - 4.00	30

# SATURDAY SCHOOLS TIMETABLES

# **SATURDAY 17 FEBRUARY**

S56	Social Media for Business	10.00 - 4.00	31
S57	Architectural Sketching	10.00 - 4.00	8
S58	Printing with Stencils Workshop	10.00 - 4.00	9
S59	Sew a Bag in a Day	10.00 - 4.00	15
S60	Songwriting Day Workshop	10.00 - 4.00	23
S61	Stained Glass Taster Day	10.00 - 4.00	12
S62	Samba Dance Workshop	10.30 - 12.30	24
S63	Guitar Rhythm Workshop	1.00 - 4.00	22

# **SATURDAY 10 MARCH**

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S76	Acrylic Painting Workshop	10.00 - 4.00	4
S77	Beginners Harmonica Workshop	10.00 - 4.00	24
S78	Calligraphy Workshop - Italics	10.00 - 4.00	16
S79	Mosaic Workshop	10.00 - 4.00	12
S80	Pottery Catch up Day	10.00 - 4.00	17
S81	Sewing Surgery	10.00 - 4.00	15
S82	Yogic Medicine	10.00 - 4.00	30
S83	20s Charleston for Beginners	10.30 - 12.30	24
S84	Swing Dance Workshop	2.00 - 4.00	24

# **SATURDAY 24 FEBRUARY**

S64	Advancing your Voice	10.00 - 1.00	23
S65	Cyanotype Printing Workshop	10.00 - 4.00	11
S66	Bristol - Poster Design	10.00 - 4.00	8
S67	Introduction to Lino Printing	10.00 - 4.00	8
S68	Spoon Carving Workshop	10.00 - 4.00	13
S69	Digital Camera Workshop	10.00 - 4.00	9
<b>S70</b>	Painting from Life Workshop	10.00 - 4.00	3
S71	Cryptic Crosswords	1.00 - 4.00	31
S72	Ukulele for Improvers - Plus	2.00 - 4.30	23

# **SATURDAY 3 MARCH**

S73	An Introduction to Lomography	10.00 - 4.00	12
S74	Letter Cutting Wood Workshop	10.00 - 4.00	13
S75	Think Pen and Ink	10.00 - 4.00	6

# **SATURDAY 17 MARCH**

<b>S85</b> Lino Printing onto Fabric	10.00 - 4.00	8
S86 Natural Dye Workshop	10.00 - 4.00	14
<b>S87</b> Printing Photos onto Objects	10.00 - 4.00	11

# **SATURDAY 24 MARCH**

S88	Drawing Complete Beginners	10.00 - 4.00	7
	Handmade Lingerie Workshop	10.00 - 4.00	15
<b>S90</b>	Have a go Darkroom Taster	10.00 - 4.00	11
S91	Herbal Alchemy	10.00 - 4.00	30
S92	Introduction to Cartooning	10.00 - 4.00	7
S93	Landscapes in Watercolour	10.00 - 4.00	6
S94	Willow March Hare Sculpture	10.00 - 4.00	13
S95	Mindfulness for Busy People	2.00 - 4.00	30

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# **ENROLMENT INFORMATION**

We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly. For full terms and conditions please visit our website at www.bristolfolkhouse.co.uk

# HOW TO ENROL

### To book a course or workshop call us on:

0117 926 2987

You can enrol:



### Office opening hours (during term time):

### Monday – Thursday 9am – 9pm Friday – Saturday 9am – 5pm

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BSI 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Friend of the Folk House and have a programme delivered to your door. For more details see page 38.

**Please note:** If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

 Like the look of the Folk House prospectus? In need of something similar?

 ANNA CLEARY
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 email: studio@annacleary.co.uk

We are committed to keeping our course prices low. We do offer concession rates for anyone over 60 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.



In the event that we have to cancel a course, we aim to inform you 2 working days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.



Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

# GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.



The Co-Operative reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.



6 January – 24 March 2018 Half term break 12 – 16 February 2018

There are no classes during half term and all 10 week courses have a break during this period.

# BRISTOL FOLK House members

IF YOU'D LIKE TO JOIN YOU CAN Either fill in the enrolment Form on the back page or call US on 0117 926 2987

The Bristol Folk House is a self-funded not-for-profit organisation. We rely heavily on the support from our friends. With your support we can continue to provide the community with a huge range of affordable courses and workshops, live music and events.

Becoming a Member is a great way of securing the future of the Folk House and allows you to enjoy all the benefits, some of which are listed below:



Printed/Digital Programme delivered to you 4 times a year before the general public



Early and quick enrolment a day before everyone else

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www.bristolfineart.co.uk



Monthly newsletters with news, events and offers



Discount in local shops

Please visit the website for more information www.bristolfolkhouse.co.uk







20% off (excluding existing offers)

63 PARK STREET · BRISTOL · BSI 5NU www.stationeryworldonline.co.uk

# ENROLMENT FORM SPRING TERM 2018

If you would like to give a voluntary £I contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.** 

Please complete in BLOCK CAPITALS

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FIRST NAME	SURNAME		
ADDRESS			·····
	POSTCODE		
DAYTIME TELEPHONE			
E-MAIL			
Join our mailing list			
We do not share you details with any 3rd parties. W	/e will only conta	act you about courses ar	d workshops.
	-	-	
Please tick the concessionary rate which a 60+ years Income Support J The Benefit rate will only be given with cu	obseeker's Al		
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Voluntary donation			
Before enrolling by post please contact us chosen course. Please make cheques payal			
BECOME A MEMBER OF If you would like to become a Member of the			
See page 38 for more details. To join please complete this section of the	form		
		<b>_</b> _	_
DATE PAID	Cash	Cheque	Card 🔄

# **GET IN TOUCH**

# 📀 0117 926 2987



admin@bristolfolkhouse.co.uk www.bristolfolkhouse.co.uk BRISTOL FOLK HOUSE CO-OPERATIVE LTD.

> 40A Park Street, Bristol BSI 5JG

### ноw то воок

Please visit our website for full listings. Enrolment information is listed on page 36.

### HOW TO FIND US

Hidden behind the shops of Park Street. The entrance is situated up the alleyway next to Nomad Travel Shop. The rear entrance is in Culver Street.

### PLEASE NOTE

We do not have any parking facilities. We encourage you to arrive by bike, bus or on foot. Unfortunately we have no disabled access or facilities.



### Folk House Café & Bar LOCAL, ORGANIC, SUSTAINABLE, ETHICAL, DELICIOUS

Breakfast, lunch and light suppers – we believe in helping to create a more sustainable and wholesome world, one bowl of soup at a time.

We cater for events anywhere - weddings, festivals, parties, meetings, conferences. Call **0117 908 5035** email **food@folkhousecafe.co.uk** | www.folkhousecafe.co.uk



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